

## Staff training of the Rehabilitation Department

### "Oral Motor Exercises for Children with Severe Eating and Swallowing Difficulties"



From Tuesday, June 28, to Wednesday, June 29, 2022, our three physical therapists participated in an eleven-hour hands-on workshop on "Oral Motor Exercises for Children with Severe Eating, Swallowing and Breathing Difficulties."

Jasmin Wagner, special educator and oral motor expert, spent two days visiting children in our early intervention program and working directly with the physical therapists and caregivers to provide on-site training to each child. In the afternoon, the practical work of the morning was reinforced with theoretical background knowledge and individual case discussions.

Training content included:

- Theoretical basics of eating and swallowing function.
- Disorders of eating and swallowing function.
- Causes of breathing problems.
- Food preparation.
- Nutritional culture
- Dental care
- Oral motor exercises.
- First aid exercises in case of choking.

We hope to continue this training and develop a small coaching program for future caregivers and parents and include it in our skill development program.

