

## First aid training for the staff

June 30 - July 2, 2022

In connection with the work in Addis Guzo, various emergency situations requiring first aid may occur. For example, staff may get injured in the workshop and kitchen, children may choke in the rehab, needy people may come with injuries or suffer from epileptic seizures, strokes and heart attacks.

It is therefore indispensable to immediately provide emergency first aid to the affected person and then, if necessary, even take him or her to a hospital. By doing so, we can de-escalate dangers, minimize consequential damages, alleviate pain and maybe even save a life.

However, providing FIRST AID is not mandatory in Ethiopia and involves certain risks. If a person helps another in such cases, he/she can be held responsible in the worst case for the condition of the sick person, or even be accused of having caused it and be held liable for compensation. Nevertheless, Addis Guzo has decided to provide nine staff members with the basic knowledge and skills of FIRST AID through the Ethiopian Red Cross in a three-day first aid training course in order to be able to provide FIRST AID in case of emergency.

Our employees learned a lot and were eager to do so and fun was not left out as the picture proves.

The Trauma First Aid training contain the following points:



- ✓ ERCS Dissemination
- ✓ Objective and principle of Trauma first aid
- ✓ Introduction to human anatomy and patent assessment
- ✓ Air way emergency and CPR
- ✓ Bleeding, burn, shock and wound emergency
- ✓ Muscular and skeletal injury management
- ✓ Chest, abdomen and general injuries
- ✓ First Aid kit utilization
- ✓ Patient lifting, moving and transportation

CONGRATULATIONS TO THE GRADUATES!

